

The map displays the administrative divisions of Poland into voivodeships (EZ). The regions shown are:

- EZ Północny** (North): Located in the northern part of the country, bordering the Baltic Sea to the north and the Czech Republic to the east.
- EZ Zachodni** (West): Located in the western part of the country, bordering the Baltic Sea to the north and the Czech Republic to the west.
- EZ Północny** (Central North): Located in the central-northern part of the country, bordering the Czech Republic to the east and the Slovak Republic to the south.
- EZ Mazowiecki** (Central): Located in the central part of the country, bordering the Czech Republic to the east and the Slovak Republic to the south.
- EZ Łódzkie** (Central): Located in the central part of the country, bordering the Czech Republic to the east and the Slovak Republic to the south.
- EZ Śląski** (South): Located in the southern part of the country, bordering the Czech Republic to the east and the Slovak Republic to the south.
- EZ Opolskie** (South): Located in the southern part of the country, bordering the Czech Republic to the east and the Slovak Republic to the south.
- EZ Małopolski** (South): Located in the southern part of the country, bordering the Czech Republic to the east and the Slovak Republic to the south.

Neighboring countries are labeled: **Czechia** (Czech Republic) to the west and south, and **Slovakia** to the east. The **Baltic Sea** is labeled to the north. Major cities like **Warsaw**, **Cracow**, and **Łódź** are marked. The map also shows the **Polish-Lithuanian border** to the north and the **Polish-Ukrainian border** to the east.